

=AARAUER ABENDMEETING=

12. August 2010 / Schachen Aarau

Definitiver Zeitplan

ZEIT / HEURE	LÄUFE / COURS		TECHNISCHE BEWERBE / DISCIPLINES TECHNIQUES			
	Distanz / Distance	Kat. / Cat.	Sprünge / Sauts	Kat. / Cat.	Würfe / Lancers	Kat. / Cat.
18:00	80m	U16W				
18:10	80m	U16M				
18:15			Stab / Perche A (Anf.-Höhe/Début 3.93m)	<i>alle</i>	Kugel / Poids 4/5kg	U18-U16M
18:20	100m	W-U18W				
18:30			Drei / Triple (1 Anlage)	<i>alle</i>	Speer / Javelot 400/600g	W-U16W
18:45	100m	M-U18M				
19:00			Hoch / Hauteur	W-U16W	Kugel / Poids 6/7.26kg	M-U20M
19:20	800m	W-U18W				
19:40	800m	M-U18M			Speer / Javelot 600/700g	U18-U16M
20:10	600m	U16W	Stab / Perche B (Anf.-Höhe/Début 2.63m)	<i>alle</i>		
20:15	600m	U16M	Weit / Longueur (2 Anlagen)	<i>alle</i>		
20:20	200m	W-U18W				
20:30			Hoch / Hauteur	M-U16M	Kugel / Poids 3/4kg	W-U16W
20:45	200m	M-U18M			Speer / Javelot 800g	M-U20M
20:55	3000m	U18W				
21:05	3000m	U18M				
21:15	2000m	U16W				
21:25	2000m	U16M				
21:40	5000m	W-U20W				
22:00	5000m	M-U20M				